## Living with Allergy Worksheet

## Let's interview

Name

Let's interview a familiar person who has allergy. Then based on them, let's think about what you can do.

Write the person cooperated with the interview.

Taro Yamada

What allergens does he or she have?
Pollen Allergy

What is the symptom, how severe is it and how frequency will it develop? What is troubling him or her?

Symptom : itching in eyes, nose and the oral cavity ; a large amount of runny nose to interfere with respiration
Severity : It is not enough to hurt life, but it is very uncomfortable
frequency : every day in Spring

What measures does he or she take against these symptoms?
He or she applies an internal medicine prescribed in a hospital and a pollen protection mask, which can be bought in several shops. Also, he or she has been trying not to visit pollen rich areas

Through having an interview, think about what you can do for living with allergy.
I was surprised that symptoms are more serious than I expected. I had an impression that the symptoms were lighter. Once more, I heard about pollen in mediums many times, but after actually interviewing it, I feel that I realized the real condition for the first time.

